 **Parent Educational Presentations**

**Time:** 6:30 – 8pm (Tuesdays)

**Place:** Hamilton High School (Orchestra Room – Room H126)

**Facilitator:** Rajani Rastogi, LMSW (HHS Social Worker)

**August 27th – (Part 1) “Teen Brain Development/Social Media”**

Speaker – Travis Webb, LCSW – psychotherapist

**September 10th – (Part 2)** **“Effects of Social Media on Teen Depression and Suicide”**

Speaker – Garron Griffitts, LCSW - psychotherapist

**September 24th – (Part 3) APP training 101 for Parents/Cyberbullying”**

Speaker -Leslie Russell, Community Outreach and Education Coordinator

with Arizona Attorney General Office

**October 22nd – (Part 4) “Beware of Exploitation on the Worldwide Web”**

Speaker - Frank Griffitts – Owner/Producer of Aether Multimedia

**November 19th – (Part 1)** **“Suicide Prevention”**

Speaker – Stephanie Roe, LMSW, Teen Lifeline, Prevention Specialist

**December 3rd – (Part 2) “Mindfulness and Stress Reduction”**

Speaker – Tess Challis, Wellness Coach

**January 14th – (Part 3) “Signs of Depression and Anxiety”**

Speaker **-** Michael Klinkner MSW, LCSW, BCPTSDC

**February 11th – (Part 4) “Vaping, teen substance abuse”**

Speaker – Joronda Montano, MPA, ACPP “Not My Kid Organization”

**February 25th – (Part 5) “Teens struggling with Body Image”**

Speaker – Joronda Montano, MPA, ACPP “Not My Kid Organization”

**March 31st – (Part 1) “Communication and the Teen Brain”**

Speaker – Garron Griffitts, LCSW – psychotherapist,

**April 14th – (Part 2) “Strengthening Relationships/Connections**

Speaker – Travis Webb, LCSW – psychotherapist

**April 28th – (Part 3) “Healthy Communication with Parents, Friends and Dating”**

Speaker **-** Michael Klinkner MSW, LCSW, BCPTSDC